

## **NEWSLETTER No 19 of 2015 /16 29th February 2016**

### **Wallsend RSL Athletic Club**

### **Wallsend RSL Little Athletic Centre**

[www.wallsendathleticsclub.org.au](http://www.wallsendathleticsclub.org.au) A.B.N. 70 859 060 841

### **TONIGHT ROUND SIX (6) WEEK THREE (3)**

WE WILL BE RUNNING A BBQ MONDAY FOR NEXT FEW WEEKS  
WE STILL HAVE THREE WEEKS OF MONDAY COMPETITION TO GO

### **TRAINING**

Thursday 5.30pm to 6.30pm

### **STATE LITTLE ATHLETICS QUALIFIERS**

most information and details have been issued...if you have any worries or concerns  
please see officers at the table

### **NOTICE of ANNUAL GENERAL MEETING FRIDAY 6TH MAY 2016**

held at Diggers Wallsend 7.30pm....Officers and Officials positions are open for  
nomination Forms available Note Officers Positions are shown on reverse side

## **CLUB PRESENTATION FRIDAY 29TH APRIL**

at Diggers Wallsend start time 6.00pm expected Finish time 8.30pm

Attendance Forms Out Now.....YES /// NO.....coming or not

EVERY FAMILY PLEASE complete Form with Details....

WILL BE GREAT HELP IF YOU

**RETURN FORM BEFORE or BY 16th March**

### **“COMMUNICATION POLICY”**

Wallsend Athletic Club Inc has adopted the NSW Government, Play by the Rules  
COMMUNICATION POLICY as a Club Policy.

it is critical in today's easy communication going ons, all too easy, can be hurtfull  
Important we as a Club are proactive at promoting care and caution in all our  
communications and publications.

We need to be most careful in the words and wording on the Facebook page

### **CLUB ONE MILE HANDICAP RACE**

will be held on last Monday of Club competition 14th March, varying start times based  
on your 1500m run times. If you want to compete, WRITE NAME ON SHEET

### **CLUB MEETING THIS FRIDAY 4TH MARCH**

at CLUBHOUSE, FEDERAL PARK 7.30pm

## COMING UP

### NSW STATE LA MULTI EVENTS

Saturday Sunday 5th 6th March  
at Barden Park Dubbo

### NSW STATE LITTLE ATHLETIC CHAMPIONSHIP

Friday Saturday Sunday 18th 19th 20th March  
at Sydney Olympic Park Athletic Centre  
BE CAREFULL OF THE FRIDAY NIGHT EVENTS

### AUSTRALIAN JUNIOR CHAMPIONSIPS

Tuesday to Sunday 8th to 13th March at Perry Stadium Perth

### AUSTRALIAN SENIOR OPEN & MULTI CHAMPIONSHIP

Thursday to Sunday 31st March to 3rd April  
being held at Sydney Olympic Park Athletic Centre

### AUSTRALIAN MASTERS CHAMPIONSHIPS

Saturday to Tuesday 16th to 19th April in Adel

## ANSWERS to No 18 Newsletter PUZZLERS

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